

## Betty Allen Gynecologic Cancer Symptoms Diary

Fill in the circles in the diary below for each day that you have a symptom. See a doctor if you have bleeding that's not normal for you or if you have any of the other symptoms for two weeks or longer. **Early detection saves lives. Visit www.gyncancerfl.org to learn more.** 

Symptoms	Cervical Cancer	Ovarian Cancer	Uterine Cancer	Vaginal Cancer	Vulvar Cancer	Week One	Week Two	
Abnormal vaginal discharge						SMTWTFS	SMTWTFS	
Pelvic pain or pressure						S M T W T F S	SMTWTFS	
Abdominal or back pain						SMTWTFS	SMTWTFS	
Bloating						S M T W T F S	SMTWTFS	
Changes in bathroom habits						SMTWTFS	SMTWTFS	
Itching or burning of the vulva						S M T W T F S	SMTWTFS	
Changes in vulva color or skin, such as a rash, sores, or warts					•	S M T W T F S	S M T W T F S	
Abnormal vaginal bleeding	•				•	If you have bleeding that is not normal for you, see a doctor right away		